

World Mental Health Day

We are recognising **World Mental Health Day** in school on **Friday 8th October**, supporting the charity Young Minds in their #HelloYellow campaign.

The past 18 months has been a challenging time for everyone, and by taking part in this campaign, we want to show young people that they are not alone in their mental health. The children will be taking part in wellbeing activities during Registration/Tutor Time and all the pupils will be making a yellow smile badge. Alongside the yellow badges, children are welcome to wear any yellow accessories such as socks, hats, scarves, hair clips and scrunchies if they would like to on that day. These accessories must not impact on the rest of their day and should be worn with their usual school uniform/Games kit. The School Council will be making a donation to Young Minds to fund their vital work in supporting young people's mental health and wellbeing. We will not be asking for individual donations from pupils next Friday.

If you would like to find out more about the work of Young Minds and their #HelloYellow campaign please follow this link: [#HelloYellow | World Mental Health Day | YoungMinds](#)

Mrs L Wakefield (Head of Pre Prep)

Mr M Critchley (Director of Pastoral Care)