

Pastoral Spotlight

October 2021



#HelloYellow

As a community, we recognised **World Mental Health Day in Schools** on **Friday 8th October**, supporting the charity Young Minds in their #HelloYellow campaign.

The past 18 months has been a challenging time for everyone, and by taking part in this campaign, we wanted to show young people that they are not alone in their mental health.

The children had the opportunity to participate with a variety of wellbeing activities during Registration and Tutor Time to include making a yellow smile badge from recycled resources from the IT department.

Alongside the yellow badges, children were able to wear a yellow accessory to complement their uniform for the day. Examples included yellow socks, hats, scarves, hair clips or a yellow scrunchy.

In Tutor Time the children also had time to watch an age appropriate clip about Mental Health and discuss the content before starting an eye catching display about how they could support each other in keeping mentally healthy.

[PSHE EYFS / KS1: Feeling Better - Worried - BBC Teach](#) for Pre -Prep

[Talking Mental Health - YouTube](#) for Years 3- 5

[We All Have Mental Health - YouTube](#) for Years 6- 8

The School Council have made a generous donation to Young Minds to fund their vital work in supporting young people's mental health and wellbeing.

If you would like to find out more about the work of Young Minds and their #HelloYellow campaign please follow this link: [#HelloYellow | World Mental Health Day | YoungMinds](#)