

Sweetcorn & Courgette Fritters with Sweet Chilli Sauce

This is one of our popular vegetarian dishes.

Serves 4

Ingredients

200g sweetcorn
2 spring onions, finely chopped
50g courgettes, grated
50g self-raising flour
1 egg
40ml milk
4 tbsp sweet chilli sauce
½ bunch of coriander, chopped
1 tbsp oil

Method

- Mix the sweetcorn, spring onions, courgette, flour, beaten egg, milk and some seasoning in a large bowl and set aside.
- Heat the oil in a large, non-stick pan and spoon in four burger-sized mounds of the fritter mixture, spaced apart (you may need to do this in two batches).
- 3. When brown on the underside, turn over and cook for 3 mins more until golden.
- 4. Serve on a plate and sprinkle coriander over the top and serve with chilli sauce.

