

Lemon & Courgette Cake

This is one our desserts with hidden vegetables, and introduced from the 2018 Michaelmas Term.

Ingredients

200g grated courgette
150g caster sugar
1 egg
125ml vegetable oil
200g plain flour
1/2 tsp salt
1/2 tsp bicarbonate of soda
1/4 tsp baking powder
1 tsp ground cinnamon
2 tsp lemon zest

Method

- 1. Preheat oven to 160C/gas mark 3. Grease a loaf tin.
- 2. In a bowl, beat together the courgette, sugar, egg and oil. In a separate bowl, sift together the flour, salt, bicarbonate of soda and baking powder; stir in the cinnamon and lemon zest. Stir the flour mixture into the courgette mixture just until blended. Pour the batter into the prepared tin.
- 3. Bake for 45 mins in the preheated oven until a knife inserted in the centre comes out clean. Remove from heat and cool about 10 mins before turning out onto a wire rack to cool completely.

