## **IAPS Swimming**

The day got off to a great start when two of the Year 7 girls spotted Tom Daley training in the diving centre. He arrived pool side just as they were getting ready to warm up. After several requests to get in the water, I had to remind the girls they'd come to compete, not watch Tom diving!!

Anyway, the morning session got off to a great start, when 3 of the 4 relay teams set new school records. Particular mention must go to the U13 Freestyle Relay team, who set the amazing time of 59.95 seconds, the first team ever, boys or girls, from St Faith's to swim a sub one minute relay. They finished 9<sup>th</sup> in the country with that time. There were lots of smiles! Then onto the individual events. Nadine, swimming the 50m breaststroke, was the only individual competitor to qualify for the final after the heats, and she finished a very respectable 9<sup>th</sup>, with a time of 41.35 seconds.

The afternoon session saw the boys turn to compete. The U11 Medley Relay team set a new school record as well, which was an improvement on the school record they'd set at the regional heats back in March. Reuben, in the 50m breaststroke, was also the only individual swimmer in the afternoon to make it to the final 10, and he finished a very commendable 9<sup>th</sup> position, setting a new school record and personal best of 40.81 seconds.

The Aquatics Centre really is special venue and an experience that the competitors will never forget. They did themselves proud and represented the school superbly, as always. Results were:

U13 Girls' Medley Relay: Emily, Nadine, Ania, Amelia 1.06.87 8<sup>th</sup> NSR U13 Girls' Freestyle Relay: Amelia, Emily, Nadine, Ania 59.95 9<sup>th</sup> NSR U12 Girls' Medley Relay: Daisy, Polina, Ava, Phoebe 1.10.11 10<sup>th</sup> U12 Girls' Freestyle Relay: Phoebe, Polina, Ava, Daisy 1.01.37 12<sup>th</sup> NSR U11 Boys' Medley Relay: Niall, Reuben, Mateo, Jeremy 1.15.22 20th NSR

Ania 25m butterfly 15.45 13<sup>th</sup> Emily 50m backstroke 39.54 15<sup>th</sup> Polina 45.24 17<sup>th</sup> (PB) Nadine 50m breaststroke 41.35 9<sup>th</sup>

Mateo 50m backstroke 39.55 17<sup>th</sup> NSR (PB) Reuben 50m breaststroke 41.81 9<sup>th</sup> NSR (PB)