



Newsletter

Welcome

Welcome to our first termly catering newsletter. In this newsletter we will keep you informed of forthcoming events, themed lunches, seasonal produce, eco facts and nutritional information.

We will soon be sending out a breakfast survey, so we can gain some feedback from you. We are thinking of introducing a smoothie bar and having protein pots available, so we are keen to hear if this is something you would like at breakfast or not. Next term we plan to send out a lunch survey for pupils to complete.

If you would like to contact our catering department please email Peter Burt on pburt@stfaiths.co.uk



Upcoming Events....

1st December – German Christmas Food Market, 7.20 to 13.30

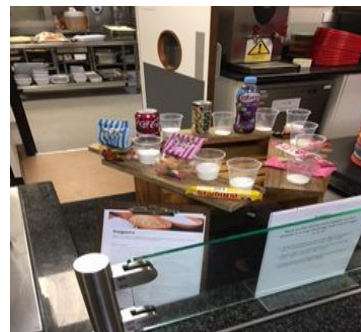
11th December – School Christmas Lunch

9th February – Winter Olympic Themed Lunch

Welfare & Wellbeing

On 14th November we focused on sugar.

We had a display with a selection of well known sweets and drinks and next to them a cup of sugar showing how much sugar was in each item. A lot of the pupils were quite surprised by how much sugar there was in some of these items! We try to reduce sugar in our baking and use more fruit to sweeten desserts on our menu where possible.



If you like to view our menus you can do so by visiting the VLE <https://i.stfaiths.co.uk/catering>

Events & Themed Lunches

On 13th September we celebrated Roald Dahl Day with a revolting recipe themed lunch, where the children could have mudburgers from *James and Giant Peach* and a nice slice of *Bruce Bogtrotter's* chocolate cake.

On 17th November we had a successful Mexican themed lunch.

We ran our first "Game Week" at the beginning of November showcasing seasonal game dishes, which included venison, rabbit and pheasant. This proved a lot more popular than we had hoped.



Due to the success of our German Christmas Market last year we will be holding another market in the dining room on Friday 1st December from 7.20am. Why not come in for breakfast and visit our market and purchase homemade stollen, chutneys and cookies. All profits will go to Tom's Trust.

You can follow us on twitter @StFaithsKitchen



Seasonal Produce

This term we promoted apples, pumpkins and purple sprouting broccoli as our produce of the month. Please help yourselves to the recipe cards and fact sheets that you will see each month on the counters.

Eco fact.....

Food waste in the UK sits in third place (behind USA and China) producing the worst carbon emissions.

We are working on a project with the school eco committee to reduce food waste at the school. More to follow in our next newsletter.

Recipe cards

Each term we have recipe cards from popular dishes that have featured on our lunch menus. This term we have sweet & sour pork, lamb koftas and orange polenta cake recipe cards.

Please look out for our festive recipe cards in December!