






WEEKLY MENU

Breakfast Menu - Week 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Hydration	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea	Fruit Juice Hot Milk Decaffeinated Tea
Hot Items	Baked Hash Browns And Baked Beans Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Scrambled Egg, Roast Tomato And Fried Mushrooms Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Freshly Baked Croissants With Ham And Cheese Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Bacon & Eggs Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Blueberry plait Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Waffles with chocolate sauce Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit	Full English fry up Porridge with Seeds, Honey, Fresh Fruit Or Dried Fruit
Daily Breakfast Items	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad	Toast And Preserves Breakfast Cereals Yoghurt Fresh Fruit Salad
Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

WEEKLY MENU

Lunch menu – Week 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Creamy pumpkin soup	Curried Cauliflower Soup	Cream Of Tomato Soup	Pear and parsnip soup	Coconut Milk & Butternut Squash Soup		--
Main Meal	Beef & pork Bolognaise	Chicken Dhansak	Maccaroni cheese with bacon	Beef & vegetable pie	Msc breaded pollock or Birds eye fish fingers	Home-made sausage rolls	Filled toasted baguettes
Meat Free	 Vegetarian stuffed marrow	 Sweet Potato & Spinach Curry	 Caramelised Onion & Goats' Cheese In Filo Pastry	 Home-made hunter's veggie chicken fillet	 Mushroom risotto	Home-made sausage rolls	
On The Side	Spaghetti Broccoli Carrots	Rice Poppadom's Green Peas Cauliflower	Green Beans Sweetcorn Crispy Onions	Buttery steamed new potatoes	Waffle fries Baked beans Roasted tomatoes	Caramelised onion chutney Oven baked potato wedges	
Pasta/ Jacket Bar	Jacket Potato Baked Beans	Wholemeal Pasta With Homemade Basil Pesto	Jacket potato Baked beans	Pasta Caponata	Jacket Potato		
Hot And Cold Dessert	Coconut rice Pudding With Chocolate Sauce	Fruit Salad	Pumpkin & caramel cake	Chocolate cake & chocolate sauce	Sliced fruit	Duffin	
Salad Bar Cold Puddings	A Daily Selection Of Freshly Prepared Crudities, Composite Salads And Protein Choices A Variety Of Fresh Cut Fruit, Yoghurts, Jellies And Whole Fruit Available						

WEEKLY MENU

Supper Menu – Week 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Boarders Main Event	Hunters Chicken	Beef & red wine pie	Veggie Quesadillas	Pork steak with chimichurri	3 cheese Maccaroni cheese	Homemade pizza night	Roast gammon
Meat Free	Hunters vegetarian chicken	Soy mince and red wine pie	Veggie Quesadilla	Cauliflower steak with chimichurri	3 cheese Maccaroni cheese	Homemade pizza night	Roast stuffed peppers
Nursery Tea	Mini chicken roast Gravy Green Beans Roast potatoes	Beef & red wine pie Steamed news potatoes Mixed Vegetables	Veggie Quesadillas Nachos Salsa	Pork & vegetable hot pot Mash potato	3 cheese macaroni cheese	N/A	N/A
On The Side	Garlic Bread Herby diced potatoes	Buttery steamed new potatoes Mixed vegetables	Cheesy nachos Sweetcorn	Oven baked potato wedges	Garlic bread Seasonal vegetable	Sweet potato fries	Roast potatoes Cauliflower cheese
Something Sweet	Homemade Jammie dodgers	Fruity jelly	'Boost It' Carrot Cake	Apple turnover & homemade custard	Sliced Fruit	White chocolate & raspberry muffin	Apple & butterscotch crumble
Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit