

Welcome to Rose Bruford College!

We're delighted to welcome you to the International Acting Practices programme at Rose Bruford College. As you prepare to begin this creative and physical journey, it's essential to come equipped with the appropriate clothing, materials, and tools to support you to train safely and effectively.

The list below outlines the key items you'll need. Choose items based on your personal comfort, gender identity, and expression. Our community is inclusive, collaborative, and supportive – and we want you to feel ready and confident from day one.

Clothes and Equipment

You'll need clothing suitable for movement, ensemble work, physical training, and rehearsal. Items should be plain, block colours (no patterns) with no logos or slogans. Avoid loose, oversized clothing and any features that may catch (e.g., tassels, zips, or hoods).

Quantity	Item	Notes	Where to Buy
3–4	Plain sweatshirts (no hoods/tassels)	Durable and suitable for studio work	Sports retailers, charity shops
3–4	Tracksuit bottoms or leggings	Must be ankle-length, tie securely at the waist	Sportswear or clothing shops
4–5	Plain T-shirts (long and short sleeve)	Avoid crop tops or vests for safety	Any clothing store
1	Yoga mat	For movement and voice work	Sports Direct, Decathlon, Amazon
1–2	Hand towels (optional)	For studio use	Home stores, supermarkets

Other Essentials

You'll need basic equipment for classwork, studio sessions, and self-organisation.

Quantity	Item	Notes	Where to Buy
1	Reusable water bottle	Clearly label with your name	Supermarkets, sports retailers
1	Diary (paper or digital)	For planning and scheduling	Stationery shops or apps
2–3	Exercise books or notebooks	For notes, planning, reflections	WHSmith, Ryman, supermarkets
A few	Pens and pencils	Keep some available for class	Any stationery supplier
A few	A4 document folders	For organising written work	WHSmith, Ryman, Amazon
1	Audio recording device (optional)	Useful for lectures and feedback	Most smartphones have this feature
1–2	Character clothing items (optional)	e.g. long skirt, smart trousers/shirt	Charity shops or from home

Books

Although the College library is well-stocked, you may find it helpful to purchase the following core texts before the course begins:

- **John Wright**, *Why Is That So Funny?* (Nick Hern Books, 2006)
ISBN: 978-1854597823
- **Alison Hodge**, *Actor Training* (2nd Edition, Routledge, 2010)
ISBN: 978-0415471688

Recommended Retailers:

- Nick Hern Books (often offers student discounts)
- Amazon UK
- Bexley Libraries (books can be delivered to the College LRC)

Please budget approximately **£50 per term** for books and play texts.

Travel and Off-Campus Work

Throughout the course, especially in Years 2 and 3, some projects and performances will take place off-campus at local and international venues. These locations are considered an extension of your learning environment. However, you will need to **budget for travel costs**, including your **UK or international placement in Year 2**. More information will be shared during your first year. You will need to pay for your own travel insurance for student trips.

Technology and Support

Item	Notes
Personal laptop (recommended)	While College PCs are available, your own device is a valuable asset
Microsoft Office Suite	Free with your Rose Bruford College login
Audio recording app/device	Supports voice, dialect, and class reflections
Small portable speaker (optional)	Useful for rehearsals and solo practice, especially in Year 3

Academic and Dyslexia Support

All written assignments must be word-processed. College computers are available, but having your own laptop is beneficial.

Students with a dyslexia diagnosis may be eligible for equipment grants via local authorities. If you think this applies to you, please contact our Disability Advisor at disability@bruford.ac.uk, for support and advice.

Health and Safety

For all practical sessions:

- Jewellery (including facial piercings) must be removed.
- Hair should be tied back if it interferes with movement or visibility.

All equipment and clothing should be **clearly labelled with your name**. The College has **limited locker facilities**, so be mindful of what you bring and keep track of your belongings.

We Look Forward to Welcoming You

We can't wait to welcome you into the International Acting Practices community at Rose Bruford College. Bring your curiosity, discipline, and creative energy – we'll provide the rest. If you have any questions or would like more guidance, please don't hesitate to get in touch.

Warm wishes,

The International Acting Practices Team

Rose Bruford College