

## Welcome to the BA (Hons) Contemporary and Popular Performance (CPP) Programme

We're delighted to welcome you to the CPP community at Rose Bruford College. As you begin your creative and collaborative journey with us, it's important that you feel supported and prepared. This guide outlines the clothing, equipment, and reading materials that will help you get the most from your training.

Please choose items based on your comfort, personal expression, and access. Our programme values individuality, inclusivity, and experimentation—so bring your whole self to the studio.

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### Clothes and Equipment for CPP

You'll take part in physical performance, devised work, group facilitation, and experimental practice. Please wear clothes that are comfortable and allow you to move freely in rehearsals, workshops, and practical classes.

#### Core Clothing and Essentials

Quantity	Item	Notes	Where to Buy
Several	Comfortable clothes for performance work	Does not need to be all-black or loose; just non-restrictive	Any clothing store
1–2	Trainers or movement-appropriate shoes	For studio work and movement-based classes	Any shoe shop or sports store
1	Yoga mat	For voice and movement sessions	Sports Direct, Argos, etc.

#### Stationery and Devices

Quantity	Item	Notes	Where to Buy
1 set	Notebooks, pens, markers	Choose your preferred note-taking method	Ryman, WHSmith, or similar
Optional	Laptop or tablet	Recommended for research, assessments, and online sessions	Any trusted tech retailer
Optional	A4 document wallet/folder	For keeping printed materials or workshop handouts	Ryman, WHSmith, etc.

**Note:** A computer lab is available near the library for major written work. However, having your own device (not just a phone) will support your workflow, especially in your residence or during remote teaching. Devices should be compatible with Teams, Google Docs, and email. If you're unsure what to get, speak to a tutor for guidance.

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### Budgeting and Travel

You should plan to budget for up to **20 course-related journeys into London** across the academic year (e.g., for site visits or workshops). Any travel beyond this will be arranged and covered by the programme.

- Modules such as *Group Facilitation* and *Work Placements* (Level 5) include travel that is organised and funded by CPP.
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### Disabled Students' Allowance (DSA)

If you are eligible for **Disabled Students' Allowance**, we strongly encourage you to connect with **Student Services** as early as possible. Through DSA, eligible students may be supported with equipment, travel costs, or additional learning tools.

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### Reading and Research

CPP explores performance as a tool for activism, experimentation, and social transformation. We draw on a wide range of texts throughout your degree—some will be essential reading, others will be optional resources for further exploration.

### Core Texts for 'Activating Change' and Beyond

You don't need to buy or read all of these before the course begins, but we encourage you to browse them over time. They'll help frame our ongoing work together.

Title	Author(s)	Publisher & Year
<i>Burgerz</i>	Travis Alabanza	Oberon, 2018
<i>Live Art in the UK</i>	M. Chatzichristodoulou	Methuen Drama, 2020
<i>Contemporary Circus</i>	K. Lavers, L.P. Leroux, J. Butt	Routledge, 2020
<i>Lecoq</i>	Simon Murray	Routledge, 2017

## Contemporary and Popular Performance BA

Title	Author(s)	Publisher & Year
<i>Contemporary Drag Practices and Performers</i>	M. Edward & S. Farrier (Eds.)	Bloomsbury, 2020
<i>Clown: The Physical Comedian</i>	Jon Davison	Methuen Drama, 2021
<i>Why Stand-Up Matters</i>	Sophie Quirk	Bloomsbury, 2015
<i>Neo-Burlesque: Striptease as Transformation</i>	L. Sally	Rutgers University Press, 2021
<i>Immersive Theatres</i>	Josephine Machon	Bloomsbury, 2013
<i>Vanishing Points</i>	Ed. Salome Wagaine	2020

## Social Justice and Critical Theory

These texts will support your thinking around activism, identity, and inclusive practice:

Title	Author	Year
<i>Feminism Interrupted: Disrupting Power</i>	Lola Olufemi	2019
<i>Emergent Strategy</i>	Adrienne Maree brown	2017
<i>Sister Outsider</i>	Audre Lorde	1984
<i>Care Work: Dreaming Disability Justice</i>	Leah Lakshmi Piepzna-Samarasinha	2018
<i>The Transgender Issue</i>	Shon Faye	2021
<i>Women, Race and Class</i>	Angela Davis	1981

## Additional Recommended Reading

Title	Author	Year
<i>Teaching to Transgress</i>	Bell Hooks	1994
<i>Pedagogy of the Oppressed</i>	Paulo Freire	1968
<i>How to Change It</i>	Joshua Virasami	2020

These books are available through the **College Learning Resources Centre** and **Bexley Library**. We also recommend:

- Nick Hern Books (often offers student discounts)
- National Theatre Bookshop
- Royal Court Theatre Bookshop
- Online retailers such as Amazon UK

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### **We Look Forward to Meeting You**

We're excited to welcome you to CPP—where creativity, collaboration and radical performance come together. Bring your ideas, passions, and questions. If there's anything you're unsure about or need help accessing, don't hesitate to reach out.

Warmest wishes,

**The CPP Team**

Rose Bruford College