

We're delighted to support you as you begin your training on the Acting and Actor Musicianship programmes at Rose Bruford College. Below is a curated list of core and further reading materials that will accompany your learning journey throughout the 2025–2026 academic year.

Many of these texts are available in both physical and digital formats through the College Library, DRAMA ONLINE, or VLE BOOKS. Please ensure you have your College email address and password ready when accessing these resources.

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### Useful Links

- [Rose Bruford College Library Catalogue](#)
- [Drama Online](#)
- [VLE Books](#)

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### ACT431 – Approaches to Acting 1

#### AMU431 – The Actor Musician 1

- **The Actor and The Target** – Declan Donnellan  
[Read Online](#)  
[Library Copy](#)
- **Actor-Musicianship** – Jeremy Harrison (*Also used in AMU401*)  
[Read Online](#)  
[Library Copy](#)
- **On Acting** – Sanford Meisner & Dennis Longwell  
[Read Online](#)  
[Library Copy](#)
- **The Complete Stanislavski Toolkit** – Bella Merlin  
[Read Online](#)  
[Library Copy](#)

### Further Reading (ACT401, AMU401)

These titles will be referenced in seminar sessions throughout the year:

- Alfreds, M. – *Different Every Night: Freeing the Actor*
- Benedetti, J. – *Stanislavski: An Introduction*
- Brown, B. – *Daring Greatly*

- Brown, B. – The Gifts of Imperfection
  - Carnicke, S.M. – Stanislavsky in Focus (2nd Ed.)
  - Clayman Pye, V. & Haft Bucs, H. – Objectives, Obstacles, and Tactics in Practice
  - Esper, W. & Dimarco, D. – The Actor's Art and Craft
  - Hodge, A. (Ed.) – Actor Training (2nd Ed.)
  - Knebel, M. – Active Analysis
  - Lockett, S. & Shaffer, T.M. – Black Acting Methods
  - Merlin, B. – Konstantin Stanislavsky
  - Merlin, B. – Beyond Stanislavsky
  - Stanislavski, K. – An Actor's Work, An Actor's Work on a Role
  - Thomas, J. – A Director's Guide to Stanislavsky's Active Analysis
  - Unsworth, T. – Becoming An Actor
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### **ACT432 – Approaches to Acting 2**

### **AMU432 – The Actor Musician 2**

- **Michael Chekhov Technique in the 21st Century – Cass Fleming**  
[Read Online](#)  
[Library Copy](#)
- **To The Actor – Michael Chekhov**  
[Library Copy](#)
- **Meisner in Practice – Nick Moseley**  
[Read Online](#)  
[Library Copy](#)
- **The Actor's Guide to Creating a Character – William Esper**  
[Library Copy](#)
- **How Plays Work – David Edgar**  
[Read Online](#)  
[Library Copy](#)

**Further Reading (ACT432, AMU432)****Character**

- Hutchinson, A.D. – Michael Chekhov and Sanford Meisner
- Chamberlain, F. – Michael Chekhov
- French, S.D. & Bennett, P.G. – Experiencing Stanislavsky Today
- Gillett, J. – Acting Stanislavski
- Mirodan, V. – The Actor and The Character
- Pitches, J. – Vsevolod Meyerhold
- Rushe, S. – Michael Chekhov's Acting Technique
- Zarrilli, P.B. – Psychophysical Acting

**Dramaturgy**

- Aristotle (Trans. McLeish) – Poetics
- Booker, B. – The Seven Basic Plots
- Thomas, J. – Script Analysis (5th Ed.)
- Irelan et al. – The Process of Dramaturgy
- Jeffreys, S. – Playwrighting
- Luckhurst, M. – Dramaturgy
- Mamet, D. – Writing in Restaurants
- McKee, R. – Story
- Meisel, M. – How Plays Work
- Romanska, M. – The Routledge Companion to Dramaturgy
- Snyder, B. – Save the Cat!
- Trencsenyi, K. – Dramaturgy in the Making
- Turner & Behrndt – Dramaturgy and Performance
- Unwin, S. – The Well-Read Play

**Context**

- Butler, I. – The Method
- Chinoy, H.K. – The Group Theatre
- Clurman, H. – The Fervent Years
- Gordon, M. – Stanislavsky in America
- Hethmon, R.H. (Ed.) – Strasberg: At The Actors Studio
- Pitches, J. – Russians in Britain
- Shevtsova, M. – Rediscovering Stanislavsky
- Strasberg, L. – A Dream of Passion

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**ACT433 / AMU433 – Skills: Movement and Voice**

- **The Moving Body** – Jacques Lecoq et al.  
[Read Online](#)  
[Library Copy](#)
- **The Use of the Self** – F.M. Alexander  
[Library Copy](#)
- **Towards a Poor Theatre** – Jerzy Grotowski  
[Read Online](#)  
[Library Copy](#)
- **Laban's Efforts in Action** – Vanessa Ewan & Kate Sagovsky  
[Read Online](#)  
[Library Copy](#)
- **Freeing the Natural Voice** – Kristin Linklater  
[Library Copy](#)
- **Clear Speech** – Malcolm Morrison  
[Read Online](#)  
[Library Copy](#)
- **Voice and the Actor** – Cicely Berry  
[Read Online](#)  
[Library Copy](#)
- **Tackling Text (and Subtext)** – Barbara Houseman  
[Read Online](#)  
[Library Copy](#)

### Further Reading (ACT433, AMU433)

#### Voice

- Carey & Clark-Carey – The Vocal Arts Workbook and DVD
- Clifford, T.J. – Voice and Speech in the Theatre
- Houseman, B. – Finding Your Voice
- Linklater, K. – Freeing the Natural Voice
- McCallion, M. – The Voice Book
- Mills, J. – The Broadcast Voice
- Mills, M. – The Voice Book for Trans and Non-Binary People
- Rodenburg, P. – The Actor Speaks, The Need for Words

**Movement**

- Bloom, K. (Ed.) – The Laban Workbook for Actors
  - Callery, D. – Through the Body
  - Chambers, J. – [www.labanarium.com](http://www.labanarium.com)
  - Evans, M. & Kemp, R. – The Routledge Companion to Jacques Lecoq
  - Lecoq, J. & Bradby, D. – Theatre of Movement and Gesture
  - Potter, N. (Ed.) – Movement for Actors
  - McCaw, D. – Training the Actor's Body
  - Newlove & Dalby – Laban for All
  - Snow, J. – Movement Training for Actors
  - Dowd, I. – Taking Root to Fly
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**AMU433 – Skills: Music**

- **Singing and the Actor** – Gillyanne Kayes  
[Read Online](#)  
[Library Copy](#)
- **Learning to Read Music** – Peter Nickol  
[Library Copy](#)
- **Writing Music for the Stage** – Michael Bruce  
[Read Online](#)  
[Library Copy](#)

**How Music Works** – TV Series by Howard Goodall

- Part 1: Introduction
- Part 2: Rhythm
- Part 3: Harmony
- Part 4: Bass

**Further Reading (AMU433)**

- Goodall, H. – The Story of Music
- Williamson, V. – You Are the Music

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We hope this list helps you feel confident and prepared as you step into your first year of training. If you have any questions or need help accessing the materials, don't hesitate to reach out.

**Welcome to Rose Bruford. We look forward to seeing you thrive.**

Warmest regards,  
The **Acting & Actor Musicianship Teams**  
*Rose Bruford College*