



SIXTH FORM

Future Focus Programme



Bright Minds, Bright Futures

SUPPORTING BRIGHT FUTURES



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Future Focus is the Bromley High School Sixth Form careers, higher education and personal development programme; a programme of talks and events organised by both Bromley High School and the GDST, which prepares students for university, apprenticeships or employment in addition to personal development and well-being.

From inspirational guest speakers to completing a stand-out UCAS application, our impressive Future Focus programme supports our Sixth Formers to fulfil their true potential.

We offer a wide range of careers events such as focused careers panel events to which several industry experts are invited, and GDST organised opportunities such as Insight Days, courses and conferences.

UNIVERSITY PRESENTATIONS

Top universities from across the UK are invited regularly to offer advice on choosing a course, successfully applying for a competitive course, making the most out of an open day, attending an interview and what graduate employers are looking for. Girls also receive expert advice from university admission tutors on how to write a personal statement

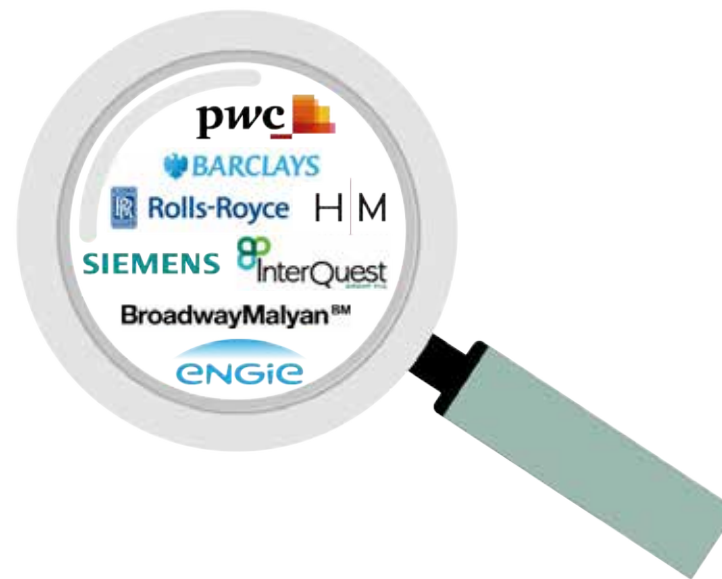
Representatives from Cambridge, Imperial College, Reading and Goldsmith's have presented to our Sixth Form in the past.



CAREERS INSIGHT EVENTS

Insight events feature a panel of industry experts or guest speakers, to offer insight into specific industries or companies. Recent events have included PwC, Facebook, Net a Porter, Rolls Royce, Siemens, Barclays, HSBC, Nomura, the Royal Opera House, Aberdeen Asset Management, and Ericsson.

We offer events for MDV (medics, dentistry and veterinary science), Law and STEM to offer support and advice for applying to these courses and what additional preparation is required.



FUTURE FOCUS DAY

The Future Focus day forms part of the PSHE programme (Personal, Social, Health and Economic Programme)

Once a term the school holds a Future Focus Day, each one featuring speakers and activities relevant and interesting to young people. In the Lower Sixth there is an emphasis on developing good study skills and making a UCAS application/ applying for an apprenticeship.

In the Upper Sixth we look at life beyond school and living independently, which develops an independence of mind in addressing topics such as applying and budgeting for university.

Engaging speakers talk to the girls about a diverse range of issues relevant to young people including managing stress and anxiety, student finance, becoming a new driver, diet and healthy eating, sexual health and life at university. There are also practical life skills lessons such as emergency first aid.

UNIVERSITY APPLICATIONS AND MOCK INTERVIEWS

UCAS advice is skilled and systematic. Individual support and guidance is based on a combination of extensive expertise and intimate knowledge of individual girls, their talents and their aspirations. Individual interviews with the Sixth Form Team lead to detailed and individualised support for UCAS application. All students meet regularly with their academic mentor and form tutor for support with their personal statement, and The Director of Careers or The Director of Sixth Form meet girls at least once to supervise their overall UCAS submission.

In addition to a mock interview training workshop, all girls are offered at least one mock interview. Potential medics, dentists, vets, lawyers and Oxford applicants will have further practice interviews as well as those applying to Art Foundations.

We also offer expertise in applications to US and European universities, with recent successful entries including Yale, Princeton and Rice (Texas).



OXBRIDGE PROGRAMME

We offer a tailored Oxbridge programme of support, including interview and entrance test preparation, as well as expert admissions advice from Oxbridge Directors of Admissions and Admissions Tutors.

The GDST offers a number of Oxbridge preparation courses, working with experts in their chosen field of study, as well as a weekend residential conference for girls across the Trust's schools. For many, Oxbridge preparation begins early with many of our Year 10 pupils visiting Oxford and Cambridge.



APPRENTICESHIPS PROGRAMME

Degree apprenticeships combine working for a sponsoring company with studying part-time at university, providing students with a salary and enabling them to escape the burden of student debt. In addition, students gain invaluable work experience and the opportunity to develop their career within the sponsoring company.

Working in collaboration with the GDST, last year we hosted our first ever Apprenticeships Insight Event. Over 100 attendees at this event from fourteen different schools (students from local state schools and from our sister schools in the Girls' Day School Trust) heard presentations from WhiteHat, All About School Leavers and Cogent Skills. All three organisations are leading players in the world of apprenticeships. The presentations were followed by a panel discussion with three GDST alumnae, who are currently apprentices at the BBC, Rolls-Royce and Larking Gowen, and then an apprenticeship 'fair' with representatives from sixteen different organisations (including PwC and Goldman Sachs).



CONFERENCES & EXHIBITIONS

Several large conferences and exhibitions are organised by the school and the GDST, such as a huge careers convention featuring a large number of representatives from a diverse range of careers including architecture, accountancy, law, marketing, fashion journalism and engineering.



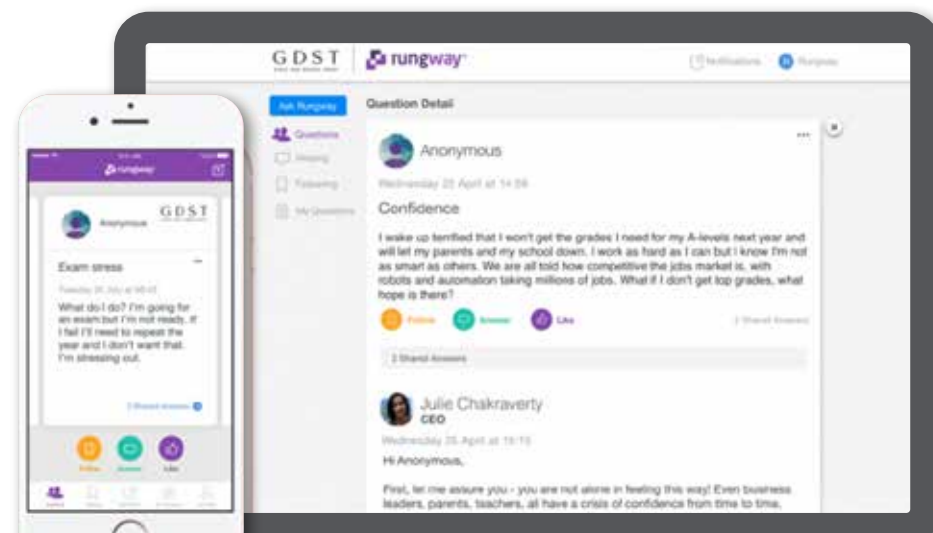
GDST NETWORK

All Sixth Formers gain a lifelong membership of the GDST Alumnae Network of over 70,000 women in every profession, many of whom are in eminent positions. The GDST network is the largest all female alumnae network in the world. This network often provides work experience opportunities and professional contacts later in their career.

Girls can also connect with the GDST's alumnae family through Runway, a mentoring app. Now, at the touch of a button, our students have a way of asking some of the burning questions they have about study and life after school, anywhere and at any time.

GDST Life, a new platform for alumnae and sixth formers, gives its members access to unrivalled personal and professional connections, a host of new networking opportunities, mentoring support, events, news and resources, groups and societies and much, much more – for life.

Alumnae are able to tap in at any time to access a wealth of contacts and opportunities whenever they like, whether it be to find old friends, get involved in mentoring, join a network group, sign up to an event, join a discussion or access online resources.



UCAS CALENDAR

September	Inspire East Conference
November	Future Focus Day 1 Includes a Unifrog introduction
December/January	Oxbridge lunch event
January	Higher Education evening
February	Launch of Oxbridge/medics groups Future Focus Day 2 Includes a session on choosing a course and university
March/ April	UCAS exhibition
June	Future Focus Days 3 and 4 Personal statements, UCAS, student finance, making the most of open day visits, and soft skills such as networking and building an online prolife University visits
July/August	Personal statement writing
September	Personal statement refining/meeting with academic mentors Personal statements and UCAS focused
October	UCAS submissions Oxbridge, medics and some conservatoire applications have an early deadline. Art foundation is slightly later. All students have one-to-one interviews before submission
November	Future Focus Day 5 Includes life at university, interview preparation, apprenticeship applications Official UCAS deadline 15th January
Feb/March/April	Firm and insurance choice confirmation following one to one interview after mocks
May	Student finance deadline
August	A level results and confirmation of place





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