

LUNCH - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday Lunch
Soup	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	No Soup
Toppers	Baked Croutons and Homemade Bread						
Main Course	Beef and Vegetable Pie with a Puff Pastry Topping	Roasted Loin of Pork or Roasted Chicken Thigh	Japanese Katsu Curry	Pasta Bolognese	Battered Fish (upper), Jumbo Fish Fingers (prep), Battered Sausage (upper), Ham & Cheese Panini	Chilli Con Carne	Roast Beef with Horseradish Sauce
Vegetarian	Vegetable Pie with a Puff Pastry Topping	Roasted Vegetable Tart	Vegetable Katsu Curry	Vegetable Pasta Bolognese	Cheese and Onion Pasty, Cheese Panini	Vegetable Con Carne	Vegetarian Sausages
Sides	Creamy Mash Potato, Steamed Carrots, Sweetcorn, Gravy	Yorkshire Pudding, Sage & Onion Stuffing, Roast Potatoes, Roast Root Vegetable, Gravy, Apple Sauce	Lime and Coriander Rice, Sautéed Greens, Pickled Vegetables, Naan Bread	Sweetcorn, Garden Peas, Garlic Bread	Chips, Garden Peas, Baked Beans, Curry Sauce	Steamed Rice, Cajun Nachos, Guacamole, Sour Cream, Grated Cheese	Yorkshire Puddings, Gravy, Roast Potatoes, Glazed Carrots, Leeks
Light Lunch	Baked Jackets or Sweet Potatoes Served with Toppings of Baked Beans, Grated Cheese and a Daily Chef Special. Pasta Bar with Tomato Sauce and One Other						
Salad Market	Tuna Nicoise Pasta. Watermelon, Mint, Cucumber and Feta Salad	Classic Greek Salad with feta & Olives, Black Bean, Quinoa and Lime Salad	Sweet Chilli Chicken Noodle Salad. Crunchy Red Pepper, Sunflower Seed and Tangy Mustard Slaw	Moroccan Couscous Salad. Coleslaw	Chicken Caesar Salad Mixed Bean Salad		
Salad Bar	Basic Salad Bar - Tomato, Cucumber, Sliced Peppers, Lettuce, Sweetcorn, Beetroot, Grated Carrot, Radish, Mixed Olives, Jalapeños						
	Boost Your Salad Oven Baked Croutons, Balsamic Dressing, One Other Dressing, One Protein (Changed daily such as boiled egg, chicken, ham or carved meats)						
Hot Dessert	Chocolate Sponge and Chocolate Sauce	Apple and Berry Crumble with Warm Custard	Flapjack	Mixed Fruit Cobbler with Warm Custard	Bread and Butter Pudding with Warm Custard	Assortment of Doughnuts	Chocolate Chip Shortbread
Dessert Pots	Jelly, Yoghurt Bar, Mousse	Jelly, Yoghurt Bar, Mousse	Jelly, Yoghurt Bar, Mousse	Jelly, Yoghurt Bar, Mousse	Jelly, Yoghurt Bar, Mousse.	Jelly, Yoghurt Bar, Mousse	Jelly, Yoghurt Bar, Mousse