

LUNCH - WEEK 2

|              | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  | Sunday Lunch  |
|--------------|---|--|---|---|---|---|---|
| Soup         | Chef's Choice   | Chef's Choice  | Chef's Choice   | Chef's Choice   | Chef's Choice   | Chef's Choice                                       | No Soup   |
| Toppers      | Baked Croutons and Homemade Bread   |  |   |   |   |   |   |
| Main Course  | Chicken and Vegetable Pie with a Puff Pastry Topping  | Honey Baked Gammon, Roasted Chicken Thigh  | Butter Chicken Curry  | Italian Style Beef Meatballs in Classic Tomato and Fresh Herb Sauce | Battered Fish (upper), Jumbo Fish Fingers (prep), Battered Sausage (upper), Pepperoni pizza | Beef Ragout   | Seasoned Roasted Chicken Thigh  |
| Vegetarian   | Creamy Mushroom Pie   | Stuffed Mixed Peppers  | Chickpea and Potato Curry   | Vegetable Lasagne   | Cheese and Tomato Pizza, Battered Halloumi  | Vegatable Ragout                                    | Caramelized Red Onion and Feta Tart   |
| Sides        | Butter Glazed New Potatoes, Glazed Green Beans, Steamed Carrots, Gravy  | Yorkshire Pudding, Roast Potatoes, Cauliflower Cheese, Roast Carrot, Gravy         | Steamed Rice, Vegetable Samosas, Mint Yoghurt, Mango Chutney, Curry Roasted Cauliflower | Garlic and Herb Green Beans, Garlic Bread                           | Garden Peas, Baked Beans, Chips, Lemon Wedges, Gravy  | Spiced Potato Wedges, Coleslaw, Sweetcorn BBQ Sauce | Roast Potatoes, Roasted Carrot, Sauteed Savoy Cabbage, Yorkshire Pudding, Gravy |
| Light Lunch  | Baked jackets or sweet potatoes served with toppings of baked beans, grated cheese, and a daily chef special. Pasta bar with tomato sauce and one other.      |  |   |   |   |   |   |
| Salad Market | Pesto Pasta, New Potato Salad, House Coleslaw   | Classic Greek Salad with Olives and Feta, Tomato, Red Onion and Green Lentil Salad | Beetroot, Spinach and Soya Bean Salad<br>Crunchy Red Pepper and Sunflower Seed Slaw     | Chicken Caesar Salad, Classic Coleslaw                              | Chicken and Bacon Pasta Salad<br>Moroccan Cous Cous   |   |   |
| Salad Bar    | Basic Salad Bar - Tomato, cucumber, peppers, lettuce, sweetcorn, beetroot, grated carrot, radish, Mixed Olives  |  |   |   |   |   |   |
|              | Boost your salad<br>croutons, flavoured oils, balsamic dressing, 1 other dressing, 1 protein (Changed daily such as boiled egg, chicken, ham or carved meats) |  |   |   |   |   | Oven baked  |
| Hot Dessert  | Syrup Sponge and Custard  | Apple Crumble and Custard  | Rice Pudding with Mixed Berry Compote   | Jam Sponge and Custard  | Bread and Butter Pudding with Chocolate Sauce   | Assorted Doughnuts                                  | Apple and Sultana Pie with Custard  |
| Dessert Pots | Yoghurt Bar, Fruit Mousse   | Fruit Jelly, Yoghurt Bar   | Yoghurt Bar, Fruit Mousse   | Fruit Jelly, Yoghurt Bar  | Yoghurt Bar, Fruit Mousse   | FruitJelly, Yoghurt Bar                             | Yoghurt Bar, Fruit Mousse   |